

Calciophylaxis

Esteban Daudén, MD, PhD^{a,*}, María-Jesús Oñate, MD^b

KEYWORDS

- Calciophylaxis • Vascular calcification
- Hyperparathyroidism • Calcium/phosphorus product

CALCIPHYLAXIS

Calciophylaxis has been classically considered a rare, life-threatening disease that is usually observed in patients with renal failure and is characterized by violaceous, reticulate areas of cutaneous necrosis and eschar, particularly in the extremities, raised calcium phosphorous product, an elevated parathyroid hormone (PTH) level, radiographic evidence of vessel and soft-tissue calcification, and the finding of mural calcification affecting small arteries and arterioles on histopathology.¹ Numerous controversial aspects of the disease are still unresolved, however.

Calciophylaxis: A Changing Concept

Calciophylaxis was first reported by Bryant and White in 1898, who described the association between cutaneous gangrene and vascular calcification.² The term “calciophylaxis” was coined by Selye and colleagues³ in 1962 as a condition of systemic hypersensitivity induced by a sensitizing agent that resulted in metastatic calcification in various organs, analogous to anaphylaxis. They performed an experimental work, a two-stage process in laboratory rats. First, a period of sensitization was achieved by various methods (eg, high phosphate diet, exogenous vitamin D3, or biochemically induced hyperparathyroidism). This test was followed by a challenging agent (eg, egg white, metallic salts, local tissue trauma), which resulted in cutaneous calcification and necrosis.

A few years later, a syndrome characterized by peripheral ischemic tissue necrosis and cutaneous ulceration was reported in uremic patients, and because of the resemblance to the animal model

of Seyle and colleagues, it was termed calciophylaxis.⁴ At this point we should question whether the term is calciophylaxis appropriate. The truth is that although a similar clinical picture may be considered from the two processes, the histologic findings differ in significant ways. The hallmark of calciophylaxis in humans is calcium deposition in small and medium-sized vessel walls, whereas Seyle's model in nonuremic rats primarily resulted in interstitial calcification within the subcutaneous tissue.

Another question is whether there is unanimity in the literature about the meaning of calciophylaxis. Undoubtedly not. The classical definition of calciophylaxis includes the presence of painful violaceous reticulate lesions that progress to necrosis, which typically involves the lower extremities, the association with renal failure, particularly in patients who are undergoing dialysis, an elevated PTH level with dysregulation of calcium and phosphorus metabolism, and a frequently fatal outcome.⁵ Patients described under the term “calciophylaxis” have clinical findings and locations different to those previously described, absence of renal insufficiency, absence of elevated PTH, a normal calcium/phosphate product, and good prognosis. This is the reason why cases with characteristics of the so-called calciophylaxis have received multiple denominations, including vascular calcification-cutaneous syndrome, uremic small-artery disease, calcifying panniculitis, uremic gangrene syndrome, uremic small-artery disease with medial calcification and intimal hyperplasia, calcific azotemic arteriopathy, or calcific uremic arteriopathy. All of them are mostly descriptive, but with a common finding—the calcification of the vessel wall. This is the reason why

^a Department of Dermatology, Servicio de Dermatología, Hospital Universitario de la Princesa, Diego de León, 62, 28006 Madrid, Spain

^b Dermatology Unit, Centro de Especialidades de Fuencarral, Madrid, Spain

* Corresponding author.

E-mail address: estebandauden@medynet.com (E. Daudén).

there is a changing concept of what calciphylaxis means, and many authors suggest that the term calciphylaxis be abandoned. Others suggest that although the concept of calciphylaxis is not yet clearly defined, the term “vascular cutaneous calcification” should be used.⁶ It is obvious that “calciphylaxis” is an attractive word that has achieved a high implantation on the medical community, but it is equally necessary to reach an agreement on its meaning and limits.

Associated Disorders

Renal disease and hyperparathyroidism

Calciphylaxis, in its classical concept, occurs most commonly—but not invariably—in patients with end-stage renal disease, particularly patients who are undergoing hemodialysis or peritoneal dialysis (**Box 1**).⁷ It develops in approximately 1% of patients with terminal renal disease.⁸ One percent to 4% of patients with renal failure who are on dialysis are estimated to be affected by calciphylaxis annually.^{1,9,10} To be more accurate, most patients who have undergone long-term hemodialysis develop intravascular microcalcification of the type described in calciphylaxis, but only a few eventually manifest the characteristic

clinicopathologic syndrome. Renal failure seems to be of varying causes and severity. Chronic renal insufficiency predominates on the acute and transitory forms.^{6,11} Calciphylaxis has been described in patients in the setting of moderate renal insufficiency, although other predisposing factors, such as obesity and diabetes mellitus, were present.¹² Calciphylaxis is also frequent in patients who underwent renal transplantation, including patients with functioning grafts.¹³ The association between nephrogenic fibrosing dermopathy and calciphylaxis has been described.¹⁴

As we pointed out previously, calciphylaxis has been reported in the absence of renal disease.^{15–19} Some authors consider that the absence of severe renal insufficiency or end-stage renal disease should not dissuade physicians from pursuing the diagnosis of calciphylaxis, because severe renal dysfunction does not seem to be a necessary component for the development of the disease.¹²

Frequently, patients have secondary or tertiary hyperparathyroidism.^{9,20,21} In a review of 104 patients with calciphylaxis, Hafner and colleagues²² found elevated PTH levels in 75 of 79 patients who had levels drawn. Budisavljevic and colleagues⁸ reviewed 40 patients with calciphylaxis and showed that PTH levels were elevated in 82%. Recent reports suggested that the presumed association of elevated PTH levels with development of calciphylaxis may not be as convincing as expected based on previous data.¹² In a series of 16 patients with calciphylaxis, Coates and colleagues²³ found that only 6 had increased PTH levels at disease onset, although the other 10 had a history of elevated values. Bleyer and colleagues²⁴ showed that only two out of nine patients had abnormal PTH levels. Probably many of these patients who presented with normal or near-normal PTH levels reflect the increased usage of medications, such as calcitriol or calcium-containing phosphate binders, in an attempt to lower PTH levels.

Other Disorders

Other disorders have been described in association with calciphylaxis.^{1,25–37} Most of them do not present with renal failure, and their causal relationship is unclear (**Box 1**). There is controversy regarding whether to consider these cases as true calciphylaxis. Some of them have a clinical and histopathologic picture as described for typical calciphylaxis, but others lack these findings.

Cutaneous Vascular Calcification as an Epiphenomenon

Deposits of calcium at the intimal and medial layer of small- and medium-sized vessels have been

Box 1

Cutaneous vascular calcification: associated disorders

Renal failure and hyperparathyroidism

Other disorders

- Liver disease (eg, alcoholic cirrhosis)^{25–27}
- Crohn’s disease¹⁶
- Malignancies (eg, metastatic breast carcinoma,²⁸ cholangiocarcinoma,²⁹ malignant melanoma,³⁰ osteosclerotic myeloma,³¹ chronic myelomonocytic leukemia³²)
- Rheumatoid arthritis on long-term steroid and methotrexate use^{33,34}
- Protein S deficiency^{26,33}
- AIDS³⁵
- Antiphospholipid antibody syndrome³⁶
- POEMS syndrome³⁷

Cutaneous vascular calcification as an epiphenomenon⁶

- Calcinosis cutis secondary to injections
- Sclerosing panniculitis in venous insufficiency
- Nodular vasculitis
- Leukocytoclastic vasculitis
- Traumatic ulcer
- Epidermoid carcinoma
- Scars

described in cutaneous lesions of diseases with a well-defined diagnosis, such as vasculitis, sclerosing panniculitis, and cutaneous tumors (Box 1).⁶ They are frequently associated with renal failure or hypertension or diabetes mellitus or signs or symptoms of atherosclerosis. The clinical findings are those of the associated disease, and they predominate on the lower extremities (Fig. 1). Their consideration as calciphylaxis is a matter of controversy. The associated disease probably acts as a triggering factor in a predisposed patient.

Pathogenesis

The pathogenesis of calciphylaxis is still poorly understood and remains speculative. It is thought to be multifactorial. One of the key factors involved in the mechanism of tissue calcification, at least in a wide number of patients, is the dysregulation of the calcium/phosphate metabolism, which leads to an elevated calcium/phosphorus product. It is usually a consequence of renal failure and secondary hyperparathyroidism. Levin and colleagues³⁸ even published a mathematical formula to predict patients at risk for calciphylaxis. They developed an interesting model for the prediction of the likelihood of calciphylaxis in patients with chronic renal failure. Gipstein and colleagues³⁹ were among the first investigators to demonstrate these changes (all 11 patients of their with chronic renal failure and calciphylaxis had hyperphosphatemia). Although these alterations in metabolism were considered the sine qua non of calciphylaxis, recent reports have shown growing evidence of cases with normal levels of calcium and phosphorus.^{8,12} In a case control study of nine patients with calciphylaxis, Bleyer and colleagues²⁴ observed that calcium/phosphate products did not significantly differ from those of the control patients. A history of diabetes mellitus (most often with

complications of the microcirculation, such as retinopathy or neuropathy), obesity, and atherosclerotic vascular disease is frequently found in these patients,^{6,40} which suggests that a predisposed ground helps the deposition of calcium.

On the other hand, these abnormalities do not explain the thrombosis in calciphylaxis. In 1990, Mehta and colleagues⁴¹ tried to explain this phenomenon, which in turn might result in ischemia and tissue necrosis. Their theory was based on the similarity in the skin lesions of warfarin necrosis and calciphylaxis. They measured antigenic and functional protein C levels in patients with end-stage renal disease and systemic calciphylaxis undergoing hemodialysis, patients without calciphylaxis undergoing dialysis, and normal volunteers. Antigenic levels of protein C were normal in all patients, whereas functional levels were significantly reduced in patients with calciphylaxis compared with patients in the other groups. The hypercoagulable or prothrombotic state might result in thrombosis in vessels already narrowed by calcification. Their findings have been confirmed by some investigators, even demonstrating quantitative reductions of protein C and S.^{21,42-44}

On the contrary, other studies have not substantiated the aforementioned hypothesis. Ross and colleagues⁴⁵ questioned the relevance of a low protein C level because it persisted even when the lesions were healing, and Rudwaleit and colleagues⁴⁶ described a renal transplant patient on long-term oral anticoagulant therapy who developed calciphylaxis, which suggested that hypercoagulability does not seem to have played a significant role. Essary and Wick⁴⁷ assessed histologic specimens from 13 cases of calciphylaxis, all with renal insufficiency. They found frank thrombosis infrequently, with venular and arteriolar microthrombi present in 23% of cases. Their results may reflect a sampling bias, but it also may be true that acquired coagulopathies help to define a subset of calciphylaxis cases rather than the entire patient group with this disorder. Endovascular fibrosis also has been thought to be the cause of ischemic tissue damage. Sheila and Crawford⁴⁸ performed a three-dimensional analysis of a calciphylaxis plaque and found vascular mural calcification as an early and essential process in the development of the plaque, probably preceding the other pathologic features.

Recently, studies on vascular disease in humans, including calciphylaxis, have revealed the presence of bone glycoproteins, such as matrix Gla protein, osteopontin, and bone morphogenic protein-4, in pathologic calcified arteries.^{49,50} These findings support the view that they play a role in the development of vascular fibrosis and calcification.



Fig. 1. Lipomembranous panniculitis with cutaneous vascular calcification.

In predisposed individuals and predisposed tissue, several aggravating or triggering factors for vessel calcification in calciphylaxis have been recognized (eg, systemic corticosteroids, vitamin D exposure, blood transfusions, low serum albumin, oral phosphate binders, metallic salts, calcitriol, local trauma, ultraviolet light treatment, warfarin use, malnutrition and weight loss, and insulin injections).^{1,5,40,51–53} Their role is still controversial because some have proved paradoxically to be useful in the treatment of calciphylaxis.⁵⁴

Clinical Manifestations

The mean age of presentation of patients with calciphylaxis is 48 years (range, 6 months to 83 years).⁵ It is rarely described in children.^{55,56} Although a patient's sex does not seem to predict higher prevalence, some authors suggest a female preponderance.^{6,13,40,57}

Skin Manifestations

The clinical manifestations of the skin are heterogeneous. The most common presentation in early lesions may include erythema, tenderness, mottling/violaceous discoloration that resembles livedo reticularis, and—rarely—flaccid or hemorrhagic bullae over the affected region. Lesions appear as painful indurate violaceous plaques or nodules surrounded by a reticulate purpura, which are most commonly located on the medial thighs, buttocks, and lower part of the abdomen (**Fig. 2**). Progression results in the rapid development of central necrosis and deep ulcerations with eschar formation (**Fig. 3**). Ulcers are nonhealing and irregularly shaped and have angulated or stellate borders. Lesions tend to be symmetric, bilateral, and well demarcated. Sometimes the lesions are so painful that patients require frequent narcotic medications.⁵⁸ Peripheral

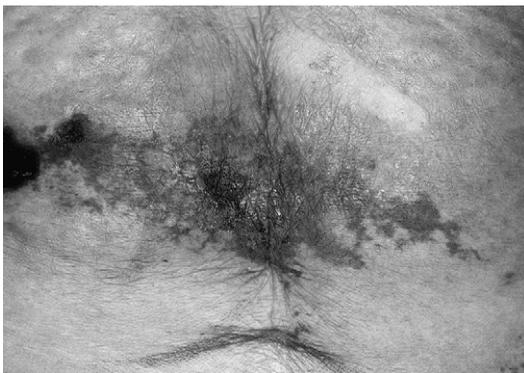


Fig. 2. Erythematous plaque surrounded by reticulate purpura. End-stage renal disease under peritoneal dialysis.



Fig. 3. Deep, nonhealing, irregularly shaped ulcers in the lower limb. Renal failure.

gangrene of the toes and fingers (distal digital gangrene) develops occasionally. Peripheral pulses are preserved distal to the areas of necrosis. Some cases present without purpura, livedo reticularis, or ulceration.^{59,60} Although lesions tend to localize to the lower extremities and abdomen, they may involve the neck, breast, tongue,⁶¹ vulva,⁵ or penis.^{7,58,62–64} Some authors suggest that the distribution of the lesions may predict prognosis; cases that involve acral (fingers, toes, penis) and distal (calves, forearms) distribution have a better prognosis than cases that involve proximal distribution (thighs, buttocks, trunk).

Systemic Manifestations

In addition to the cutaneous syndrome, other systemic manifestations,^{20,65} caused by vascular and extravascular calcification of soft tissues and internal organs, may be present. Because patients with calciphylaxis usually have multiple pathologies (renal failure, diabetes mellitus), sometimes the origin of the systemic involvement is not clear. Manifestations include skeletal muscle signs or symptoms that appear as muscle weakness, tenderness, or severe myositis¹⁵ with rhabdomyolysis,¹⁹ calcific cerebral embolism,⁶⁶ dementia and infarction of the central nervous system, pulmonary involvement⁶⁷ with fulminant pulmonary calciphylaxis and metastatic calcification causing acute respiratory failure,⁶⁸ heart disease (myocardium infarction, cardiac valvular dysfunction, atrioventricular block, and calcification of the cardiac conduction system, called by some as the syndrome of “bony” heart).⁶⁹ Cardiac valve

involvement has been attributed to nanobacteria,⁷⁰ gastrointestinal involvement (bowel infarction with massive gastrointestinal hemorrhage),⁷¹ calcification of the stomach, and occasionally calcification of the pancreas and adrenals.

Laboratory and Image Findings

Typical cases of calciphylaxis associated with renal failure present with elevated PTH levels, high calcium, an elevated phosphate level, an elevated calcium phosphorus product, elevated alkaline phosphatase, a high urea and creatinine value, and anemia. Normal values of these parameters do not exclude diagnosis of calciphylaxis in patients.

Within radiologic grounds, small vessel involvement, defined by some as a diameter less than 0.5 mm, may be considered the most specific radiographic finding in calciphylaxis.⁵ Radiography may miss many of the smaller calcifications. Intraparietal calcification is recognizable as a fine double-lined network (**Fig. 4**); however, it should be noted that vascular calcifications, but not calciphylaxis, may be present in 10% of all patients undergoing hemodialysis, 58% with secondary hyperparathyroidism, and 75% with tertiary hyperparathyroidism.⁶⁵ Bleibel and colleagues⁷² demonstrated that simple, safe, and inexpensive radiographic imaging using the mammography technique was superior to plain soft-tissue radiography and three-dimensional CT scanning in showing the hallmark arteriolar calcifications of patients with calciphylaxis. They proposed



Fig. 4. Thigh radiology. Vascular calcification in soft tissues.

a possible role for this technique in diagnosing calciphylaxis.

Xeroradiography also has been shown to be a useful technique in determining the involvement of subcutaneous arterioles in calciphylaxis. The appearance of arteriolar calcification differs from that of atherosclerosis, allowing a differential diagnosis.⁷³ High-resolution, high-frequency ultrasound may aid in the diagnosis of lesions before the occurrence of the typical skin lesions.⁷⁴ Finally, scintigraphic findings were reported in a patient with calciphylaxis and renal failure showing increased tracer accumulation in subcutaneous tissue of the trunk and lower extremities.⁷⁵

Histopathologic Features

Many histopathologic features have been described in the cutaneous lesions of patients with calciphylaxis (**Box 2**). The finding that defines calciphylaxis is the presence of small and medium vessel calcifications (**Fig. 5**). Small arteries, arterioles, and venules may be involved. Robinson and di Giovanna⁵ reported that the size of affected vessels ranged from 0.02 to 0.60 mm and averaged 0.1 mm. Calcium deposits are usually extensive within the walls of vessels and frequently show a concentric, circumferential, ring-like pattern. It seems that there is no apparent relationship between the size and density of calcium deposits and the clinical status of the lesions.⁴⁷ Calcification is found chiefly within the media and intima. The number of calcified vessels varies. They are found within the dermis and subcutaneous fat (**Fig. 6**), particularly in the upper portion of the

Box 2

Histopathologic features in calciphylaxis

- Small and medium vessel calcifications (small arteries, arterioles, and venules)
- Intimal hyperplasia (endovascular endothelial proliferation and intimal fibrosis)
- Fibrin thrombi in the dermal and subcutaneous vessels
- Epidermal ulceration
- Dermal or subcutaneous necrosis
- Degeneration and necrosis of dermal collagen
- Erythrocyte extravasation
- Acute and chronic septal and lobular panniculitis
- Mixed inflammatory infiltrate around superficial and deep vessels
- Interstitial deposition of calcium
- Epidermal, hair follicle, and perineurial calcification
- Pseudoxanthoma elasticum-like features

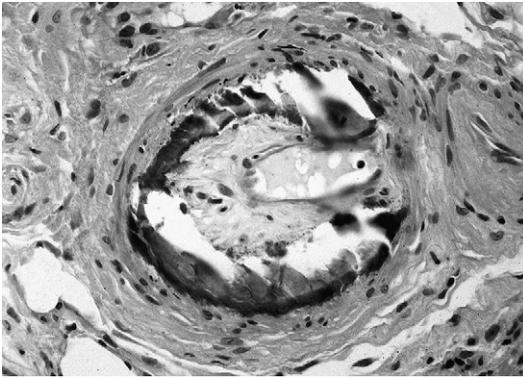


Fig. 5. Concentric calcium deposits within the vessel wall. Intimal hyperplasia with partial obliteration of the lumen.

subcutaneous tissue. Usually hematoxylin/eosin examination is wholly sufficient, but in certain cases, a Von Kossa stain may highlight calcium deposits and yield a black reaction product. Sometimes the calcification is associated with luminal thrombosis.

Intimal hyperplasia with endovascular endothelial proliferation and intimal fibrosis in cutaneous blood vessels is another characteristic finding. It is more common in advanced lesions.⁴⁷ The intimal layer has a fibroedematous appearance that leads to variable degrees of obliteration, rarely complete. No relationship to the presence or degree of vascular microcalcification in the same blood vessels has been found.³⁴ Endovascular fibrosis seems to be an active cause of ischemia.⁷⁶ Fibrin thrombi in the dermal and subcutaneous vessels are usually found.^{41,44} They may be associated with parietal calcification, but in our

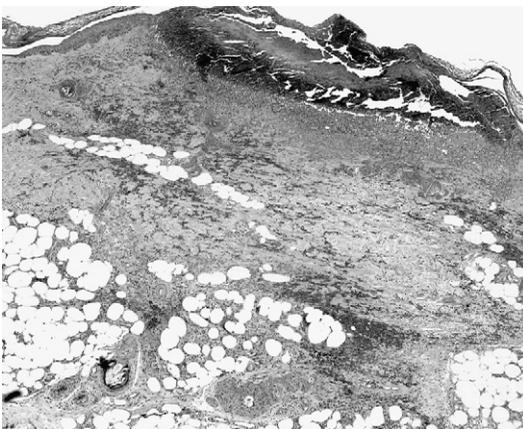


Fig. 6. Vessel wall calcification. Septal and lobular panniculitis. Epidermal necrosis. Marked erythrocyte extravasation.

experience, calcified vessels are usually free of thrombi.⁶ They are mainly present close to areas of epidermal/dermal necrosis. Essary and colleagues⁴⁷ considered vascular thrombotic occlusion an infrequent event, with venular and arteriolar microthrombi present in 23% of cases.

Other findings include epidermal ulceration secondary to epidermal ischemia and necrosis, dermal or subcutaneous necrosis under the epidermal damage, preceded in early lesions by degeneration and necrosis of dermal collagen. Erythrocyte extravasation within the dermis and subcutis is also an early event.⁴⁷ Acute or chronic panniculitis is a frequent feature. Calciphylaxis is included in panniculitis classifications within the group of mostly lobular panniculitides without vasculitis and few or no inflammatory cells.⁷⁷ Essary and colleagues⁴⁷ considered that in addition to microvascular calcification, the most consistent feature of calciphylaxis was that of acute or chronic panniculitis (85% of cases), but with a predominant septal pattern. In our series of patients, involvement of septal and lobular (with fat necrosis) areas was easily identified (**Fig. 7**).⁶ On the other hand, in early lesions there are scant or absent inflammatory infiltrates, but in well-formed lesions a slightly to moderately mixed inflammatory infiltrate composed of neutrophils, lymphocytes, and histiocytes is observed around superficial and deep vessels of the dermis and subcutaneous fat.

Less commonly, interstitial deposition of calcium is observed in the dermis and subcutaneous adipose tissue, sometimes as delicate groups surrounding adipocytes (**Fig. 8**).⁶ Other findings exceptionally described include epidermal and hair follicle calcification,⁷⁸ perineurial calcium

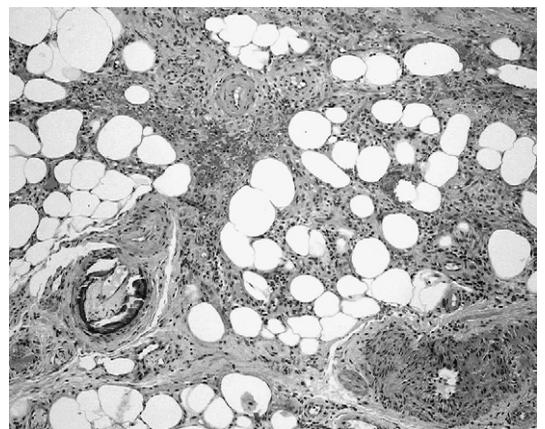


Fig. 7. Lobular involvement of the subcutaneous tissue around a calcified vessel. Mixed inflammatory infiltrate.

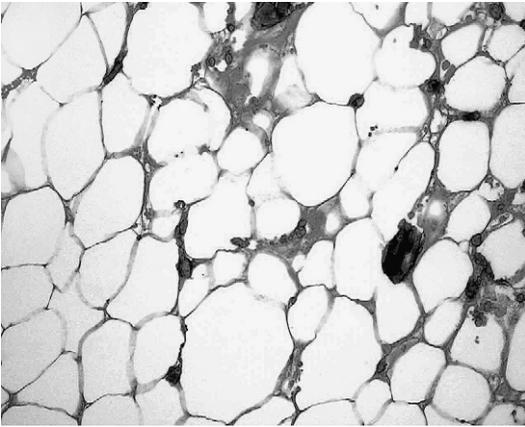


Fig. 8. Extravascular calcification. Calcium deposits between adipocytes. Fat necrosis.

deposits,⁷⁹ and pseudoxanthoma elasticum-like features.⁸⁰

Prognosis

Prognosis of calciphylaxis is generally poor and is considered a devastating and life-threatening condition. Patients often die, most commonly from sepsis, with the bacterial port of entry being skin ulcerations. Mortality rates have been estimated to range from 60% to 80%. Fine and Zacharias⁴⁰ reported on 36 patients with calciphylaxis (although only 4 had cases confirmed by skin biopsy). They found that their patients deteriorated rapidly; 89% of patients who had ulcers at presentation or developed ulcers were dead at the 6-month follow up. The overall mortality rate of patients who presented with calciphylaxis was 45% at 1 year, 41% for patients who presented with plaque only, and 67% for patients who presented with ulceration. All deaths resulted from sepsis, weight loss/malnutrition, or discontinuation of dialysis. Unfortunately, high morbidity and prolonged hospitalization define the course of patients who survive, and a significant number of them remain either severely disabled or completely incapacitated by limb amputation. Several studies have found that proximal locations of necrosis carry an unfavorable prognosis compared with distal involvement.^{13,22} On the contrary, a relationship among distal location of the lesions, normal serum albumin, and early diagnosis was related to survival rather than the type of treatment received.⁸¹ Although the general view based on the reported publications is devastating, we believe that with current management and control of cutaneous lesions and associated diseases, the prognosis is much better. Statistics of future

prospective controlled studies probably will be more favorable in terms of survival.

Treatment

The treatment of calciphylaxis is generally unsatisfactory and largely supportive. Patients are often refractory to different therapies. To improve the prognosis, early recognition of diseased patients is important to choose the therapy on an individual basis and perform a multidisciplinary approach.⁸²

Calcium/Phosphate Metabolism Control

Adjusting serum calcium and phosphate levels and controlling secondary hyperparathyroidism are important issues. In some cases, however, the lesions have progressed despite effective control of such abnormalities, which suggests that other factors are important in determining healing. Although currently there is no unanimity in the way to approach the condition, varied measures have been shown to be effective including

- Diet with low phosphate intake
- Phosphate binders (eg, sevelamer hydrochloride)
- Biphosphonates. Pamidronate inhibits arterial calcification in animal models and proved to be useful in a patient with calciphylaxis.⁸³ Oral etidronate disodium is also effective.⁸⁴
- Cinacalcet is a new calcimimetic that has been used successfully for the treatment of primary and secondary hyperparathyroidism normalizing serum calcium. Its efficacy in patients with calciphylaxis has been demonstrated by different investigators, presenting as an alternative to parathyroidectomy.^{85,86}
- Sodium thiosulfate is a potent antioxidant and chelator of calcium. Used intravenously, it is useful in reversing the signs and symptoms of calciphylaxis.⁸⁷⁻⁹¹ Sodium thiosulfate was used intraperitoneally in a patient intolerant to the intravenous administration. The drug was well tolerated and led to removal of extra calcium with peritoneal dialysis.⁹²
- Parathyroidectomy is a matter of controversy in the treatment of calciphylaxis.²² For some, it is the treatment of choice when hyperparathyroidism is determined. Success varies, however, with some patients being cured and others continuing to progress. The definite value of parathyroidectomy is not yet established because the outcome of patients is unpredictable. Total, subtotal, “near total” parathyroidectomy (a vascularized parathyroid remnant is left in situ),⁹³ and autotransplantation of tissue to the forearm²² have

been tried. Patients who respond favorably to parathyroidectomy have shown a rapid resolution of the cutaneous lesions leading to decrease in necrosis and wound healing, rapid relief of pain, and longer survival.⁹⁴⁻⁹⁷ Hafner and colleagues²² reported survival of 38 of 58 patients who underwent parathyroidectomy compared with 13 of 37 patients who did not undergo surgery. Duffy and colleagues reported on 15 patients with calciphylaxis: 9 were treated with medical therapy (bisphosphonates and phosphate binders) and 6 underwent parathyroidectomy. They concluded that subtotal or total parathyroidectomy was associated with long-term survival and was more likely to promote healing if performed earlier in the course of disease.^{96,97} Finally, Arch-Ferrer and colleagues⁹⁸ presented data about 23 of 35 patients who underwent parathyroidectomy. Patients with calciphylaxis and secondary hyperparathyroidism who underwent surgery had better clinical outcomes and longer survival times than patients who did not ($P < .04$). On the contrary, other investigators have not reported beneficial effects of parathyroidectomy in the progression of necrosis, lesion ulceration, and survival.⁸

Avoidance, Control, or Minimizing Associated and Triggering Factors

Factors known to be associated with calciphylaxis or factors capable of aggravating or triggering the disease should be controlled. This is the case in renal failure, obesity, diabetes mellitus, hypertension, use of albumin or exogenous vitamin D supplements, local trauma, and administration of immunosuppressant drugs and corticosteroids. Although steroids have been attributed to playing an aggravating role in calciphylaxis, it is also true that in some cases it has beneficial effects on ulcer healing.⁵⁴ Fine and colleagues⁴⁰ showed how 80% of 14 patients with nonulcerating lesions who were treated with steroids presented a significant clinical improvement.

Wound Care and Prevention of Sepsis

Wound care to promote healing and prevention of sepsis is an essential feature because it is the most frequent cause of death in these patients. Under certain conditions, the following measures may be necessary:

- Surgical debridement. The role of debridement is controversial.⁹⁹ Some authors consider debridement to be contraindicated.

On the contrary, Weenig and colleagues¹⁰⁰ reported an estimated 1-year survival rate of 61.6% for 17 patients who underwent surgical debridement compared with 27.4% for the 46 patients who did not ($P = .008$). In general, we consider debridement of ulcers a weighty measure to practice.

- Hydrocolloid and biologic dressings
- Skin grafts and autologous keratinocyte grafts, which allow pain relief and subsequent parathyroidectomy under optimal conditions¹⁰¹
- Systemic antibiotics
- Oral pentoxifyllin combined with maggot therapy¹⁰²
- Nutritional support
- Hyperbaric oxygen therapy, which has been shown to be useful in some patients with calciphylaxis,^{103,104} promotes wound healing by elevating the partial pressure of oxygen within diseased tissue, improving angiogenesis and phagocytosis, inhibiting bacterial growth, and decreasing local tissue edema
- Revascularization and amputation in cases in which all other interventions have failed

Other Measures

Other measures that might complement the previously mentioned features include

- Control of pain through analgesics. Pollizotto and colleagues¹⁰⁵ reported symptomatic treatment of pain with multimodal analgesia with high-dose opioids, ketamine, and benzodiazepines. Neurolytic lumbar sympathetic blockade also has been demonstrated to be useful for alleviating pain associated with calciphylaxis.¹⁰⁶
- Correction of thrombosis at the cutaneous vascular system. Anticoagulation has been proposed, based on the theory of Mehta et al,⁴¹ to avoid thrombosis. Rudwaleit and colleagues⁴⁶ described a renal transplant patient on long-term oral anticoagulant therapy who developed calciphylaxis. Finally, treatment to increase the level of functional protein C (eg, purified protein concentrates, fresh frozen plasma) has been suggested in cases in which deficiency has been demonstrated.

REFERENCES

1. Arseculeratne G, Evans AT, Morley SM. Calciphylaxis: a topical overview. *J Eur Acad Dermatol Venereol* 2006;20:493-502.

2. Bryant JH, White WH. A case of calcification of the arteries and obliterative endarteritis associated with hydronephrosis in a child aged six months. *Guys Hosp Rep* 1898;55:17–28.
3. Selye H, Gobbiani G, Strebel R. Sensitization to calciphylaxis by endogenous parathyroid hormones. *Endocrinology* 1962;71:554–8.
4. Abdelbaqi-Salhab M, Shalhub S, Morgan MB. A current review of the cutaneous manifestations of renal disease. *J Cutan Pathol* 2003;30:527–38.
5. Robinson-Bostom L, Di Giovanna JJ. Cutaneous manifestations of end-stage renal disease. *J Am Acad Dermatol* 2000;43:975–86.
6. Dauden E, Ruiz-Genao D, Fraga J. Calcificación vascular cutánea: correlación clínico-patológica y proposición de una nueva clasificación de las calcinosis cutáneas. *Actas Dermosifiliogr* 2002;93:22–34.
7. Ivker RA, Woosley J, Brigaman RA. Calciphylaxis in three patients with end-stage renal disease. *Arch Dermatol* 1995;131:63–8.
8. Budisavljevic MN, Cheek D, Poth DW. Calciphylaxis in chronic renal failure. *J Am Soc Nephrol* 1996;7:978–82.
9. Angelis M, Wong LL, Myers SA, et al. Calciphylaxis in patients on hemodialysis: a prevalence study. *Surgery* 1997;122:1083–90.
10. Wilmer WA, Magro CM. Calciphylaxis: emerging concepts in prevention, diagnosis and treatment. *Semin Dial* 2002;15:172–86.
11. Aragües M, Suárez C, Sánchez J, et al. Necrosis cutáneas, calcificaciones vasculares e insuficiencia renal aguda. *Actas Dermosifiliogr* 1989;80:339–42.
12. Smiley CM, Hanlon SU, Michel DM. Calciphylaxis in moderate insufficiency: changing disease concepts. *Am J Nephrol* 2000;20:324–8.
13. Oh DH, Eulau D, Tokugawa DA, et al. Five cases of calciphylaxis and a review of the literature. *J Am Acad Dermatol* 1999;40:979–87.
14. Lewis KG, Lester BW, Pan TD, et al. Nephrogenic fibrosing dermopathy and calciphylaxis with pseudoxanthoma elasticum changes. *J Cutan Pathol* 2006;33:695–700.
15. Edelstein CC, Wickham MK, Kirby PA. Systemic calciphylaxis presenting as a painful systemic myopathy. *Postgrad Med J* 1992;68:209–11.
16. Barri YM, Graves GS, Knochel JP. Calciphylaxis in a patient with Crohn's disease in the absence of end-stage renal disease. *Am J Kidney Dis* 1997;29:773–6.
17. Pollock B, Cunliffe WJ, Merchant WJ. Calciphylaxis in the absence of renal failure. *Clin Exp Dermatol* 2000;25:389–92.
18. Goyal S, Huhn KM, Provost TT. Calciphylaxis in a patient without renal failure or elevated parathyroid hormone: possible aetiological role of chemotherapy. *Br J Dermatol* 2000;143:1087–90.
19. Randall DP, Fisher MA, Thomas C. Rhabdomyolysis as the presenting manifestation of calciphylaxis. *Muscle Nerve* 2000;23:289–93.
20. Adroge HJ, Frazier MR, Zeluff B, et al. Systemic calciphylaxis is revisited. *Am J Nephrol* 1981;1:177–83.
21. Goldsmith DJ. Calciphylaxis, thrombotic diathesis, and defects in coagulation regulation. *Nephrol Dial Transplant* 1977;12:1082–3.
22. Hafner J, Keusch G, Wahl C, et al. Uraemic small-artery disease with medial calcification and intimal hyperplasia (so-called calciphylaxis): a complication of chronic renal failure and benefit from parathyroidectomy. *J Am Acad Dermatol* 1995;33:954–62.
23. Coates T, Kirkland GS, Dymock RB, et al. Cutaneous necrosis from calcific uremic arteriopathy. *Am J Kidney Dis* 1998;32:384–91.
24. Bleyer AJ, Choi M, Igwemezie B, et al. A case study of proximal calciphylaxis. *Am J Kidney Dis* 1998;32:376–83.
25. Lim SP, Batta K, Tan BB. Calciphylaxis in a patient with alcoholic liver disease in the absence of renal failure. *Clin Exp Dermatol* 2003;28:34–6.
26. Goli AK, Goli SA, Shah LS, et al. Calciphylaxis: a rare association with alcoholic cirrhosis. Are deficiencies in protein C and S the cause? *South Med J* 2005;98:736–9.
27. Ferreres JR, Marcoval J, Bordas X, et al. Calciphylaxis associated with alcoholic cirrhosis. *J Eur Acad Dermatol Venereol* 2006;20:599–601.
28. Mastruserio DN, Nguyen EQ, Neilsen T, et al. Calciphylaxis associated with metastatic breast carcinoma. *J Am Acad Dermatol* 1999;41:295–8.
29. Reigert-Johnson DL, Kaur JS, Pfeifer EA. Calciphylaxis associated with cholangiocarcinoma treated with low-molecular heparin and vitamin K. *Mayo Clin Proc* 2001;76:749–52.
30. Kutlu NO, Aydin NE, Aslan M, et al. Malignant melanoma of the soft parts showing calciphylaxis. *Pediatr Hematol Oncol* 2003;20:141–6.
31. Raper RF, Ibels LS. Osteosclerotic myeloma complicated by diffuse arteritis, vascular calcification and extensive cutaneous necrosis. *Nephron* 1985;39:389–92.
32. Goff HW, Grimwood RE. A case of calciphylaxis and chronic myelomonocytic leukaemia. *Cutis* 2005;75:325–8.
33. Korkmaz C, Dunbar E, Zubaroglu I. Calciphylaxis in a patient with rheumatoid arthritis without renal failure and hyperparathyroidism: the possible role of long-term steroid use and protein S deficiency. *Clin Rheumatol* 2002;21:66–9.
34. Ozbalkan Z, Calguneri M, Onat AM. Development of calciphylaxis after long-term steroid and methotrexate use in a patient with rheumatoid arthritis. *Intern Med* 2005;44:1178–81.

35. Cockerell CJ, Dolan ET. Widespread cutaneous and systemic calcification (calciophylaxis) in patients with the acquired immunodeficiency syndrome and renal disease. *J Am Acad Dermatol* 1992;26:559–62.
36. Wong JJ, Laumann A, Martinez M, et al. Calciophylaxis and antiphospholipid antibody syndrome. *J Am Acad Dermatol* 2000;42:849.
37. De Roma I, Filotico R, Cea M, et al. Calciophylaxis in a patient with POEMS syndrome without renal failure and/or hyperparathyroidism: a case report. *Ann Ital Med Int* 2004;19:283–7.
38. Levin A, Mehta RL, Goldstein MB. Mathematical formulation to help identify the patient at risk of ischemic tissue necrosis: a potentially lethal complication of chronic renal failure. *Am J Nephrol* 1993;13:448–53.
39. Gipstein RM, Coburn JW, Adams DA, et al. Calciophylaxis in man: a syndrome of tissue necrosis and vascular calcification in 11 patients with chronic renal failure. *Arch Intern Med* 1976;136:1273–80.
40. Fine A, Zacharias J. Calciophylaxis is usually non-ulcerating: risk factors, outcome and therapy. *Kidney Int* 2002;61:2210–7.
41. Mehta RL, Scott G, Sloand JA, et al. Skin necrosis associated with acquired protein C deficiency in patients with renal failure and calciophylaxis. *Am J Med* 1990;88:252–7.
42. Rostaing L, Feki S, Delisle MB, et al. Calciophylaxis in a chronic hemodialysis patient with protein S deficiency. *Am J Nephrol* 1995;15:524–7.
43. Whittam LR, McGibbon DH, MacDonald DM. Proximal cutaneous necrosis in association with chronic renal failure. *Br J Dermatol* 1996;135:780–1.
44. Pérez-Mijares R, Guzmán-Zamudio JL, Payán-López J, et al. Calciophylaxis in a haemodialysis patient: functional protein S deficiency? *Nephrol Dial Transplant* 1996;11:1856–9.
45. Ross CN, Cassidy MJ, Thompson M, et al. Proximal cutaneous necrosis associated with small vessel calcification in renal failure. *Q J Med* 1991;289:443–50.
46. Rudwaleit M, Schwarz A, Trautmann C, et al. Severe calciophylaxis in a renal patient on long-term anticoagulant therapy. *Am J Nephrol* 1996;16:344–8.
47. Essary LR, Wick MR. Cutaneous calciophylaxis: an underrecognized clinicopathologic entity. *Am J Clin Pathol* 2000;113:280–7.
48. Sheila A, Crawford RI. Three-dimensional analysis of a calciophylaxis plaque: clues to pathogenesis. *J Am Acad Dermatol* 2002;47:53–7.
49. Canfield AE, Farrington C, Dziobon MD, et al. The involvement of matrix glycoproteins in vascular calcification and fibrosis: an immunohistochemical study. *J Pathol* 2002;196:228–34.
50. Griethe W, Schmitt R, Jurgensen JS, et al. Bone morphogenic protein-4 expression in vascular lesions of calciophylaxis. *J Nephrol* 2003;16:728–32.
51. Dahl PR, Winkelmann RK, Connolly SM. The vascular-calcification-cutaneous necrosis syndrome. *J Am Acad Dermatol* 1995;33:53–8.
52. Ruggian JC, Maesaka JA, Fishbane S. Proximal calciophylaxis in four insulin-requiring diabetic haemodialysis patients. *Am J Kidney Dis* 1996;28:409–14.
53. James LR, Lajoie G, Prajapati D, et al. Calciophylaxis precipitated by ultraviolet light in a patient with end-stage renal disease secondary to systemic lupus erythematosus. *Am J Kidney Dis* 1999;34:932–6.
54. Elamin EM, McDonald AB. Calcifying panniculitis with renal failure: a new management approach. *Dermatology* 1996;192:156–9.
55. Imam AA, Mattoo TK, Kapur G, et al. Calciophylaxis in pediatric end-stage renal disease. *Pediatr Nephrol* 2005;20:1776–80.
56. Feng J, Gohara M, Lazova R, et al. Fatal childhood calciophylaxis in a 10-year-old and literature review. *Pediatr Dermatol* 2006;23:266–72.
57. Gómez E, Vicente FJ, Álvarez JG, et al. Calciophylaxis en pacientes dializados. *Actas Dermosifiliogr* 2004;95:178–82.
58. Bocaletti VP, Ricci R, Sebastio N, et al. Penile calciophylaxis. *Arch Dermatol* 2000;136:259–64.
59. Nahm WK, Badiavas E, Toumas DJ, et al. Calciophylaxis with peau d'orange induration and absence of classical features of purpura, livedo reticularis and ulcers. *J Dermatol* 2002;29:209–13.
60. Somorin AO, Al Harbi A, Subaity Y, et al. Calciophylaxis: case report and literature review. *Afr J Med Sci* 2002;31:175–8.
61. Bedoya RM, Gutierrez JL, Mayorga F. Calciophylaxis causing localised tongue necrosis: a case report. *J Oral Maxillofac Surg* 1997;55:193–6.
62. Fariña MC, De Sequera P, Soriano ML, et al. Calciophylaxis. *Actas Dermosifiliogr* 1997;88:333–6.
63. Jacobsohn HA, Jenkins PG, Jacobsohn KM. Penile calciophylaxis. *Urology* 2002;60:344.
64. Woods M, Pattee SF, Levine N. Penile calciophylaxis. *J Am Acad Dermatol* 2006;54:736–7.
65. Khafif RA, De Lima C, Silverberg A, et al. Calciophylaxis and systemic calcinosis: collective review. *Arch Intern Med* 1990;150:956–9.
66. Katsamakis G, Lukovits TG, Gorelick PB. Calcific cerebral embolism in systemic calciophylaxis. *Neurology* 1998;51:295–7.
67. Matsuo T, Tsukamoto Y, Tamura M. Acute respiratory failure due to "pulmonary calciophylaxis" in a maintenance haemodialysis patient. *Nephron* 2001;87:75–9.
68. Li YJ, Tian YC, Chen YC, et al. Fulminant pulmonary calciophylaxis and metastatic calcification causing

- acute respiratory failure in a uremic patient. *Am J Kidney Dis* 2006;47:47–53.
69. Kloeppel R, Luebke P, Mittag M, et al. Acute hypercalcaemia of the heart (“bony heart”). *J Comput Assist Tomogr* 2001;25:407–11.
70. Jelic TM, Malas AM, Groves SS, et al. Nano-bacteria caused mitral valve calciphylaxis in a man with diabetic renal failure. *South Med J* 2004;97:194–8.
71. Brown DF, Denney CF, Burns DK. Systemic calciphylaxis associated with massive gastrointestinal haemorrhage. *Arch Pathol Lab Med* 1998;122:656–9.
72. Bleibel W, Hazar B, Herman R. A case report comparing various radiological tests in the diagnosis of calcific uremic arteriopathy. *Am J Kidney Dis* 2006;48:659–61.
73. Lazorik FC, Friedman AK, Leyden JJ. Xeroradiographic observations in four patients with chronic renal disease and cutaneous gangrene. *Arch Dermatol* 1981;117:325–8.
74. Tierfenthaler M, Riedl-Huter C, Roth T, et al. Ultrasonic diagnosis of calciphylactic lesions. *Ultraschall Med* 2002;23:403–6.
75. Norris B, Vaysman V, Line BR. Bone scintigraphy of calciphylaxis: a syndrome of vascular calcification and skin necrosis. *Clin Nucl Med* 2005;30:725–7.
76. Requena L, Sánchez-Yus E. Panniculitis. Part II. Mostly lobular panniculitis. *J Am Acad Dermatol* 2001;45:325–61.
77. Requena L, Sánchez-Yus E. Panniculitis. Part I. Mostly septal panniculitis. *J Am Acad Dermatol* 2001;45:163–83.
78. Solomon AR, Comite SL, Headington JT. Epidermal and follicular calciphylaxis. *J Cutan Pathol* 1988;15:282–5.
79. Ruiz-Genao D, García-F-Villalta M, Fraga J, et al. Perineurial and vascular calcification in a patient with chronic renal failure. *Acta Derm Venereol* 2005;85:72–3.
80. Nikko AP, Dunnigan M, Cockerell CJ. Calciphylaxis with changes of pseudoxanthoma elasticum. *Am J Dermatopathol* 1996;18:396–9.
81. Galimberti RL, Farias R, Parra IH, et al. Cutaneous necrosis by calcific uremic arteriopathy. *Int J Dermatol* 2005;44:101–6.
82. Roe SM, Graham LD, Brock MB, et al. Calciphylaxis: early recognition and management. *Am Surg* 1994;60:81–6.
83. Monney P, Nguyen QV, Perroud H, et al. Rapid improvement of calciphylaxis after intravenous pamidronate therapy in a patient with chronic renal failure. *Nephrol Dial Transplant* 2004;19:2130–2.
84. Shiraishi N, Kitamura K, Miyoshi T, et al. Successful treatment of a patient with severe calcific uremic arteriopathy (calciphylaxis) by etidronate disodium. *Am J Kidney Dis* 2006;48:151–4.
85. Sharma A, Burkitt-Wright E, Rustom R. Cinacalcet as an adjunct in the successful treatment of calciphylaxis. *Br J Dermatol* 2006;155:1295–7.
86. Velasco N, MacGregor MS, Innes A, et al. Successful treatment of calciphylaxis with cinacalcet: an alternative to parathyroidectomy? *Nephrol Dial Transplant* 2006;21:1999–2004.
87. Cicone JS, Petronis JB, Embert CD, et al. Successful treatment of calciphylaxis with intravenous sodium thiosulphate. *Am J Kidney Dis* 2004;43:1104–8.
88. Brucculeri M, Cheigh J, Bauer G, et al. Long-term intravenous sodium thiosulphate in the treatment of a patient with calciphylaxis. *Semin Dial* 2005;18:431–4.
89. Hayden MR, Tyagi SC, Kolb L, et al. Vascular ossification-calcification in metabolic syndrome, type-2 diabetes mellitus, chronic kidney disease, and calciphylaxis-calcific uremic arteriopathy: the emerging role of sodium thiosulfate. *Cardiovasc Diabetol* 2005;4:4.
90. Guerra G, Shah RC, Ross EA. Rapid resolution of calciphylaxis with intravenous sodium thiosulphate and continuous veno-venous haemofiltration using low calcium replacement fluid: case report. *Nephrol Dial Transplant* 2005;20:1260–2.
91. Meissner M, Bauer R, Beier C, et al. Sodium thiosulphate as a promising therapeutic option to treat calciphylaxis. *Dermatology* 2006;212:373–6.
92. Mataic D, Bastani B. Intraperitoneal sodium thiosulfate for the treatment of calciphylaxis. *Ren Fail* 2006;28:361–3.
93. Milas M, Weber CJ. Near-total parathyroidectomy is beneficial for patients with secondary and tertiary hyperparathyroidism. *Surgery* 2004;136:1252–60.
94. Giroto JA, Harmon JW, Ratner LE, et al. Parathyroidectomy promotes wound healing and prolongs survival in patients with calciphylaxis from secondary hyperparathyroidism. *Surgery* 2001;130:645–50.
95. Younis N, Sells RA, Desmond A, et al. Painful cutaneous lesions, renal failure and urgent parathyroidectomy. *J Nephrol* 2002;15:324–9.
96. Duffy A, Schurr M, Warner T, et al. Long-term outcomes in patients with calciphylaxis from hyperparathyroidism. *Ann Surg Oncol* 2006;13:96–102.
97. Couto FM, Chen H, Blank RD, et al. Calciphylaxis in the absence of end-stage renal disease. *Endocr Pract* 2006;12:406–10.
98. Arch-Ferrer JE, Beenken SW, Rue LW, et al. Therapy for calciphylaxis: an outcome analysis. *Surgery* 2003;124:941–5.
99. Martin R. Mysterious calciphylaxis: wounds with eschar: to debride or not to debride. *Ostomy Wound Manage* 2004;50:64–6.

100. Weenig RH, Sewell LD, Davis MD. Calciphylaxis: natural history, risk factor analysis and outcome. *J Am Acad Dermatol* 2007;56:569–79.
101. Acher-Chenebaux A, Maillard H, Potier A, et al. Necrose cutanee par calciphylaxie traitee par greffe de keratinocytes autologues et parathyroidectomie partielle. *Ann Dermatol Venereol* 2006;133:260–3.
102. Tittlebach J, Graefe T, Wollina U. Painful ulcers in calciphylaxis: combined therapy with maggot therapy and oral pentoxifyllin. *J Dermatol Treat* 2001;12:211–4.
103. Podymow T, Wherrett TC, Burns KD. Hyperbaric oxygen in the treatment of calciphylaxis: a case series. *Nephrol Dial Transplant* 2001;16:2176–80.
104. Basile C, Montanaro A, Masi M, et al. Hyperbaric oxygen therapy in the treatment of calciphylaxis: a case series. *J Nephrol* 2002;15:676–80.
105. Polizzotto MN, Bryan T, Ashby MA, et al. Symptomatic management of calciphylaxis: a case series and review of the literature. *J Pain Symptom Manage* 2006;32:186–90.
106. Green JA, Green CR, Minott SD. Calciphylaxis treated with neurolytic lumbar sympathetic block: case report and review of the literature. *Reg Anesth Pain Med* 2000;25:310–2.