Week 2 Objectives

Lipid Management:

1. Familiarize yourself with and list potential harms associated with statins that were taken into consideration in writing these guidelines, and which patients may need further counseling about.
2. At what ages do we start and stop getting routine screening lipids?
3. Describe LDL goals using statins.
4. At what point is it reasonable to add ezetimibe? And at what point do we consider a third agent?
5. When are coronary artery calcium scores taken into consideration?
6. When should lipids be re-assessed?

Hirsutism:

1. Describe the essential elements of a hirsutism history and exam.
2. Describe who gets testosterone levels checked, and what we do with the results.
3. Describe the roles of the following treatments: metformin, OCPs, and spironolactone.