IDENTIFYING YOUR KEY JOB ISSUES

The following three exercises will help you identify the key issues that can help guide your job search.

1. Your perfect job.

List all the things you are really good at doing (e.g., working with children, performing procedures, teaching or managing staff).

_____

_____

Which of the things listed above do you really like to do?

_____

_____

What kind of job will let you do most of these things most of the time?

_____

_____

2. Your great day at work.

Imagine that you are relaxing with a friend at the end of a great day at work. Your friend asks what made it so great. Write down three things. (For example, maybe your day was great because you were able to spend extra time helping one of your elderly patients, you delivered a baby or you negotiated a better contract with one of your health plans.)

1. _____

2. _____

3. _____

3. Your values and goals.

Think about your personal and professional values and goals.

What would you like to achieve in different parts of your life? _____

_____

What type of practice would allow you to meet these goals? _____

How much time would you like to spend working? _____

How close would you like to live to your family and friends? _____

What parts of the country and what types of communities appeal to you? _____

_____

Describe the standard of living you would like to achieve or maintain. _____

How much job security do you need? _____

Do you prefer treating certain types of patients or performing certain types of procedures? Are there certain things you would

rather not do? _____

What types of non-clinical activities interest you? _____

Do your religious beliefs guide your practice? _____

What do you like to do when you are not working? _____